

## Camino packing list

This is what we took. Not necessarily what we would take again. Not to be taken as gospel.

Didn't have but wish we had:

Multivitamin

Head lamp

Pillow case

Cord for clothesline

Item	Barb	Jed
Backpack	46-liter Osprey (lots of space!)	50-liter Kelty
Poles	Leki	Leki
Fanny pack or shoulder bag	1	1
Light pack or tote bag		1
Summer sleeping bag	1 (gave away on day 8)	1 (gave away on day 8)
Sleeping bag liner	1	1
Shoes	Ahnu boots (Bad!! Should have used trail runners.)	New Balance trail runners (Good!)
Socks	2 pair (Started walking with thick wool and liners – ended with thinner socks and no liners.)	2 pair medium wool with liners, soon quit using liners
Convertible pants	1 pair	2 pair
Capris (quick dry)	1 pair	
Leggings	1 pair	
Bra	2	
Travel underwear	2 pair	3 pair
Cotton underwear	1 pair	
T-shirt (quick dry)	2 (lost one, replaced with cotton one from donativo box)	2
Long-sleeve shirt (quick dry)	1	2
Cotton long-sleeve shirt	1	
Fleece jacket	1	1
Wind shirt		1
Altus Poncho (bought in SJPP)	1	1
Wool or fleece mittens/gloves	1 pair	1 pair
Buff	2	2
Hat	1	1
Crocs	1	1
Teva flip-flops	1 (didn't use – too cold)	
Dr. Bronner's lavender soap (lavender repels bedbugs?)	1 small bottle	
Anti-perspirant	1	1
Toothbrush	1	1
Floss		1
Toothpaste		1

Vaseline	1	
Chapstick	1	
Toilet Paper		1
Sunscreen	1	
Small lotion	1	
Towel	Cotton hand towel	Microfiber (ick); Cotton hand
Washcloth	1 microfiber (ick)	
Safety pins	5	
Journal and pen	1	1
Book	1	
iPad		1
Camera		1
Electrical outlet adapter and cord)		1
Phone (US)		1
Phone (European sim card)		1
Needle and thread (ultimately used for foot care)	1	
Scissors	1	
Z-Pak (just in case)	1	1
Advil	2/day	2/day
Prescription	1/day	
Ambien	½ per day	
Earplugs	1 pair	
Flashlight	1 (didn't use)	1
Pocket knife	1	
Band-aids		1 box
Ziplocs	Several sizes	
Bubble wrap (to sit on)	1 sheet	1 sheet
Clothes pins		2 dozen
Spork (didn't use often)	1	1
Plastic cup (didn't use)	1	1
Water bottles*	2 (Dasani, etc.)	2
Pantyliners*	1/day	
Foot care supplies* Gauze, tape, betadine, syringe	Continuous supply	
Guidebook (we used Brierley) or smartphone app		1 (purchased 2 <sup>nd</sup> in Pamplona) App: "Wise Pilgrim"
€€ and credit cards (we each had a different back-up)	2	2
Passport	1	1
Pilgrim Credential*	1	1
Scallop shell*	1	1

\* Acquired in Spain (or France)